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| (Attachment B) $\quad$ The Emergency Food Assistance Program <br> Distribution Rate Chart |  |  |  |  |
|  |  | DISTRIBUTION RATE PER HOUSEHOLD |  |  |
| Food | Unit Size | Monthly | Bi-Monthly | Quarterly |
| Apples, Fresh | $12 / 3 \mathrm{lb} \mathrm{pkg}$ | 1 | 2 | 3 |
| Beans Dry Bagged | 2 lb pkg | 3 of each | 4 of each | 5 of each |
| Beef Stew Canned | 24 oz can or pouch | 3 | 4 | 5 |
| Blueberries Frozen | 2.5 or 3 lb pkg | 2 | 2 | 2 |
| Carrots Diced Frozen | 2.5 lb pkg | 1 | 2 | 3 |
| Cereal Rice Crisp 12 oz . | 16/12 oz. pkg | 4 | 8 | 12 |
| Cherries Dried | 2 lb pkg | 1 | 2 | 3 |
| Cherries Red Tart Pitted, IQF | 2.5 lb pkg | 1 | 2 | 3 |
| Chicken Boned Pouch | 10 oz pouch | 3 | 4 | 5 |
| Chicken Canned | 15 oz can or pouch | 2 | 4 | 6 |
| Cranberries Dried | 30 oz pkg | 2 | 2 | 2 |
| Eggs Whole in Shell | dozen | 3 | 4 | 4 |
| Fig Pieces | 1 lb pkg | 3 | 3 | 3 |
| Fruit Canned | \#300 can | 3 of each | 4 of each | 5 of each |
| Fruit Cups Frzn | 4.4 or 4.5 oz cups | 6 of each | 6 of each | 6 of each |
| Fruit \& Nut Mix Dried | $24 / 1 \mathrm{lb} \mathrm{pkg}$ | 3 | 3 | 3 |
| Juice Concentrate | 11.5 oz cans | 2 | 3 | 4 |
| Juice, Fruit or Veg (Any 46 or 64 oz ) | 46 oz can or 64 oz btl | 2 of each | 3 of each | 4 of each |
| Instant Milk | 12.8 oz pkg | 4 | 8 | 12 |
| Milk UHT Fluid 1\% (shelf stable) | 32 oz carton | 3 | 3 | 3 |
| Milk UHT Fluid 1\% (8 oz) (shelf stable) | 8 oz carton | 12 | 12 | 12 |
| Nuts in 1 lb packages | 1 lb pkg | 3 | 4 | 5 |
| Nuts in 2 lb packages | 2 lb pkg | 1 | 2 | 3 |
| Oats | 3 lb pkg | 1 | 2 | 3 |
| Orange Juice Singles | 4 oz carton | 24 | 36 | 48 |
| Pasta Spaghetti, Macaroni | $24 / 1 \mathrm{lb} \mathrm{pkg}$ | 6 | 8 | 10 |
| Peanut Butter | 16 or 18 oz container | 3 | 4 | 5 |
| Plums Dried | 1 lb pkg | 3 | 3 | 3 |
| Pork Canned | 24 oz can | 3 | 4 | 5 |
| Potatoes Dehydrated | 1 lb pkg | 3 | 4 | 5 |
| Potatoes Fresh (white or sweet) | 3 or 5 lb bag | 1 | 2 | 3 |
| Potato Rounds Frozen | 5 lb bag | 1 | 1 | 1 |
| Raisins Bags | 5 lb bag | 1 | 2 | 3 |
| Raisins Box | 1.33 oz box | 1 dozen | 2 dozen | 3 dozen |
| Raisins Packages | 15 oz pkg | 5 | 5 | 5 |
| Rice Brown or White | 2 lb pkg | 3 | 4 | 5 |
| Salmon Pink | 14.75 oz can | 3 | 4 | 5 |
| Salmon Red | 7.5 oz can | 3 | 4 | 5 |
| Soup Tomato, Mushroom, or Cheddar | 1/32 oz carton | 3 of each | 3 of each | 3 of each |
| Soup Vegetable | \#1 can | 4 | 5 | 6 |
| Tuna | 12 oz can | 3 | 4 | 5 |
| Vegetables Canned (includes sauces) | \#300 can | 3 of each | 4 of each | 5 of each |
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| For combined like items (such as canned fruits), the distribution rate applies to each item in that category. |  |  |  |  |
| For example, the canned fruit rate of "3 of each" means each household can be given 3 of each type of canned |  |  |  |  |
| fruit on hand. If you have 4 different canned fruits, the household will receive a total of 12 cans. Rates may |  |  |  |  |
| be reduced if the number of recipients increases. On the other hand, if the number of recipients declines |  |  |  |  |
| or if there is risk of inventory being held too long, the recipient agency (not the site or pantry) should contact |  |  |  |  |
| the Commodity Office to request a rate increase. A response will be emailed, which the recipient agency |  |  |  |  |
| should print and keep on file to document the approval. |  |  |  |  |
|  |  |  | rev. 11/19/2020 |  |
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